

Newick Community Response

Support and Help during the Corvid-19 Pandemic

We find ourselves in an unprecedented position, and the effects of the Coronavirus are changing on a daily basis. Newick Parish Council are currently working closely with the village pastoral care team and St Mary's Church, Newick. As a contact we have set up Newick Community Response (NCR) email newick at newickcommunityresponse@gmail.com for Parishioners who need help (not listed below) and people able to help.

Here are a few ideas and suggestions as to how we can as a community work together to help and support one another:

1. Find a phone buddy - while things are relatively calm, make an arrangement with a FRIEND OR NEIGHBOUR to call each other every day or every other day. Try to match up with someone of a different age bracket. That way if one of you falls ill, someone knows, and they can provide support through (for example) bringing emergency supplies, or helping access information, especially if one of you is not computer literate. If an older person is intentionally socially distancing themselves, a quick phone call will help with isolation and boost morale.

We will not release the details of anyone who is vulnerable or elderly, nor can we match people up with strangers, even if well-meaning - this is basic Safeguarding practice, and is just as important in protecting people. However, you are already best placed to know the people who live around you. This is the time to reach out and make connections. If you are aware of any of your neighbours who self-isolate and fall within the vulnerable group and are without a family, please contact Patsy Bailey on 01825 722590 or Rev Paul on 01825 723186

2. Volunteer - the COMMUNITY TRANSPORT SCHEME is run by Newick Good Neighbours which currently needs more volunteers. It offers anyone who needs assistance with shopping, a lift to local hospitals, doctors, dentists and to pick up prescriptions. Please contact Heather or Liz on 07933 096033 if you would like to offer to help. If you can contribute financially by making a donation to the work of the Newick Trust please contact Geoff Clinton on 01825 722512 or Rev Paul on 01825 723186

3. Shopping & Deliveries – Should you be unable to find help from family or neighbours, please contact Heather or Liz at Newick Good Neighbours who can help with delivery of shopping or pharmacy prescriptions.

Or contact the local MILKMAN – Jim Marsh on Tuesday, Thursday & Saturday 0345 606 3606

Home delivery of meals and lunches are available from; The Pantry call on 01825 721118 and The Royal Oak on 01825 722506. For those with access to Facebook please see updates on Newick Talk

4. Financial support - THE NEWICK TRUST exists to show a hand of friendship in times of need. If anyone finds themselves in financial difficulty over the next few weeks/ months, please get in touch via Geoff Clinton on 01825 722512 - the fund can give assistance towards groceries or coal and put small amounts on heating bills.

5. Current medical advice - advice is changing regularly so please CHECK UPDATES More information on: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you feel you cannot cope with your symptoms at home, your condition gets worse or your symptoms do not get better after 7 days: Use the online 111 system: <https://111.nhs.uk/covid-19> Or call 111 (only if you cannot help online)

Don't struggle alone - there are lots of people in our community who are ready and willing to help you. It is at times like this that we must work together, let's do what we do best, look after each other.

Please keep in touch.

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